

Mara S. Tansman, Psy.D., QME

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Los Angeles, CA 90025

(310) 734-0306

Licensed Clinical Psychologist #PSY 16710

Education:

- 1994-1998** **California School of Professional Psychology- L.A**
Doctor of Psychology degree awarded August, 1998
- June 1993-
August 1993 Cemanahuac Educational Community, Cuernavaca, Mexico
Intensive Spanish Language Program
- 1991-1993 Pepperdine University
Master of Arts in Psychology
- 1985-1989 University of California, Berkeley
Bachelor of Arts in Psychology

Certificates Awarded:

- May 2011 State of California - Qualified Medical Evaluator

Clinical Experience:

- April 2000-
Present **Private Practice**
Psychological Assessment Services, various offices in Southern California.
Neuropsychological and psychoeducational assessment with children and adults, including assessments for Specific Learning Disabilities, ADHD, and Autism Spectrum Disorder. Qualified Medical Evaluations and Independent Medical Evaluations. Psychotherapy with injured workers. Fitness for Duty evaluations. Expert witness testimony.
- September 2012-
June 2015 **Psychologist, Qualified Medical Examiner**
Comprehensive Psychological Services, Van Nuys, CA
Comprehensive medical-legal psychological evaluations including interview, psychodiagnostic assessment and report writing. Psychotherapy with injured workers.
- November 2008-
September 2012 **Psychologist, Qualified Medical Examiner**
CalPsychFMT, Encino, CA
Comprehensive medical-legal psychological evaluations including interview, psychodiagnostic assessment and report writing. Psychotherapy with injured workers.
- January 2011-
April 2013 **Evaluator, PASRR program**
QTC/Lockheed Martin, Diamond Bar, CA
Performed cognitive evaluations on geriatric patients who were being admitted to Medicaid nursing facilities.

July 2003-
July 2005

Consulting Psychologist

Bright Pharmaceutical Services, Van Nuys, CA

Consulted on issues of DSM-IV diagnosis and provided consultation and training for evaluators on standardized psychiatric rating scales.

September 2000-
July 2002

Consulting Psychologist

North Los Angeles County Regional Center, North Hills, CA

Neuropsychological assessment of children and adults to help determine eligibility for Regional Center services. Clientele included those with developmental disabilities and autism.

July 2000-
January 2004

Consulting Psychologist

The Almansor Center, South Pasadena, CA

Psychodiagnostic and psychoeducational assessment with severely emotionally disturbed, autistic, and learning-disabled children. Supervision of school-based therapists.

June 1998-
July 2000

Post-Doctoral Fellow/ Pain Management Psychologist

California Institute for Behavioral Medicine/

Pain Care Centers of America, Van Nuys, CA

Pain management counseling in a multidisciplinary comprehensive pain management program. Duties include biofeedback training, psychodiagnostic assessment, psychological evaluations for implantable devices, and psychoeducational group counseling (stress management, anger management).

September 1997-
May 1998

Psychology Intern

Metropolitan State Hospital, Norwalk CA

Inpatient group and individual psychotherapy with chronically mentally ill men, women and children on locked units and in a biopsychosocial rehabilitation day treatment program. Duties included treatment planning with an interdisciplinary team, psychodiagnostic assessments and forensic evaluations.

August 1996-
July 1997

Psychology Intern

Santa Clarita Child and Family Development Center, Santa Clarita, CA

Outpatient individual, group and family psychotherapy with children and adolescents. Therapy conducted using psychodynamic, behavioral, and psychoeducational modes of intervention. Duties included psychodiagnostic assessment and case management.

July 1995-
August 1996

Practicum Student

California Hospital Medical Center

Family Practice Residency Program, Los Angeles, CA

Inpatient and outpatient psychotherapy with children, adolescents, adults, and the elderly in a community mental health clinic and a hospital. Duties included psychodiagnostic assessment, case management, consultation-liaison, training medical residents in psychosocial issues, and crisis intervention in the Emergency Room.

- September 1993-
August 1994 **Consumer Resource Coordinator**
North Hills Regional Center, North Hills, CA
Case management for the developmentally disabled. Duties included management of a caseload of at least 25 individuals, attending IEP and group home meetings, and reviewing programs receiving Regional Center funds.
- February 1992-
June 1997 **Clinical Research Coordinator**
California Clinical Trials, Beverly Hills, CA
Coordinated clinical trials with psychotropic medication.
Coordinated as many as five studies at one time with a staff of ten.
- June 1990-
January 1997 **Clinical Research Associate**
California Clinical Trials, Beverly Hills, CA
Conducted clinical trials with psychotropic medication for psychiatric disorders in adults and children including Generalized Anxiety Disorder, Major Depressive Disorder, Schizophrenia and Obsessive-Compulsive Disorder. Duties included monitoring of trial progress and administration of standardized rating scales (HAM-A, HAM-D, BPRS, SCID, CGI, PANSS, Beck Depression Inventory, MADRS, Barnes Akathisia Scale, AIMS, Mini Mental State Exam).
- January 1988-
June 1988 **Alcohol Rehabilitation Counselor**
ACCEPT, London, England
Conducted psychoeducational and support counseling in an outpatient alcohol rehabilitation center.
- May 1986-
September 1986 **Intake Coordinator**
Do It Now Foundation, Hollywood, CA
Conducted initial intake and interview in an outpatient chemical dependency clinic. Co-facilitated diversion groups. Other duties included HIV outreach for homeless youth.

Research Experience:

- January 1996-
December 1999 **Program Evaluator**
Center for the Partially Sighted, Santa Monica, CA
Conducted a formative evaluation and ongoing development of a psychoeducational group for diabetes and vision loss. Performed multivariate statistical analyses using SPSS.
- January 1997-
May 1998 **Research Assistant**
Doheny Eye Institute, Los Angeles, CA
Conducted focus groups for diabetics with vision loss and health care practitioners. Research focused on the psychosocial factors that affect individuals with diabetes and vision loss.
- August 1988-
December 1990 **Research Assistant**
Psychophysiology Laboratory, U.C. Berkeley
Assisted in a research project studying physiological changes in couples experiencing marital conflict.
- August 1988-
December 1990 **Research Assistant**
San Francisco General Hospital, San Francisco, CA

Assisted in a research project focusing on identifying depression in individuals seeking medical treatment at an inner-city hospital.

Teaching Experience:

August 1995-
June 1996

Teaching Assistant Psychodiagnostic Assessment

California School of Professional Psychology, L.A.

Taught laboratory section of psychodiagnostic assessment class to first year doctoral students. Tests taught included MMPI-2, Bender-Gestalt, WAIS-R, WISC-III, WIAT and projective tests including the Rorschach (Exner system).

August 2000-
August 2001

Doctoring Program

UCLA School of Medicine, Los Angeles, CA

Taught second year medical students interviewing skills and sensitivity to the psychosocial issues of medical patients.

Publications:

Trozzolino, L., Thompson, P.S., Tansman, M.S. & Azen, S.P. (2003). Effects of a Psycheducational Group on Mood and Glycemic Control in Adults with Diabetes and Visual Impairment. *Journal of Visual Impairment and Blindness*, 97 (4), 230-235.

Feifer, C., & Tansman, M. (1999). Promoting psychology in diabetes primary care. *Professional Psychology: Research and Practice*, 30 (1), 14-21.

Van Boemel, G.B., Lee, P.P., & Tansman, M. (1998). When family support isn't: dynamics in households of low vision diabetics. *Investigations in Ophthalmologic Vision Science*, 39 (suppl).

Sramek, J.J., Tansman, M., Suri, A, Hornig-Rohan, M., Amsterdam, J.D., Stahl, S.M., Weisler, R.H., & Cutler, N.R. (1996). Efficacy of Buspirone in Generalized Anxiety Disorder with coexisting mild depressive symptoms. *Journal of Clinical Psychiatry*, 57 (7), 287-291.

Presentations:

Tansman, M.S., & Feifer, C. (1998, August). *A Psychomedical Approach to Diabetes Treatment in Primary Care.* Poster session presented at the 24th International Congress of Applied Psychology, San Francisco, CA.

Tansman, Mara (June 2017). *Psychodiagnostic Testing in Medical Legal Evaluations.* Presentation for Claims Adjusters at the Los Angeles Metropolitan Transit Authority.

Tansman, Mara & Glazer, Mark (January 2018). *Ethics Training for Claims Analysts.* Presentation for Claims Analysts at Tokio Marine Insurance Company.

Tansman, Mara (May 2018). *Before Opiates: Alternatives in the Treatment of Chronic Pain.* Presentation at the Workers Compensation Forum, San Bernardino.

Tansman, Mara (June 2020, May 2021, September 2021). *Stress and Harassment Claims and the Good Faith Personnel Action.* Webinar presentation for continuing education credits for attorneys and claims examiners.

Tansman, Mara (April 2021, October 2023). *Chronic Pain.* Webinar presentation for continuing education credits for attorneys and claims examiners.

Tansman, Mara and Henry, Mechel, M.D. (December 2020, March 2021). *Chronic Pain*. Webinar presentation for continuing education credits for attorneys and claims examiners.

Tansman, Mara (June 2020, May 2021, September 2021). *Stress and Harassment Claims and the Good Faith Personnel Action*. Webinar presentation for continuing education credits for attorneys and claims examiners.

Tansman, Mara (August 2020, January 2021, May 2022, May 2023, December 2023). *Understanding the GAF in Medical-Legal Reports*. Webinar presentation for continuing education credits for attorneys and claims examiners.

Tansman, Mara (January 2022, March 2022, November 2022, November 2023). *Ethical Decision Making for Attorneys*. Webinar presentation for continuing education credits for attorneys.

Tansman, Mara (January 2023, June 2023). *Defining Substantial Evidence to Support a Diagnosis of PTSD*. Webinar presentation for continuing education for attorneys and claims managers.