

# **Mara S. Tansman, Psy.D., QME**

**10323 Santa Monica Blvd. #111**

**Los Angeles, CA 90025**

**(310) 734-0306**

Licensed Clinical Psychologist #PSY 16710

## **Education:**

**1994-1998**                    ***California School of Professional Psychology- L.A***  
***Doctor of Psychology degree awarded August, 1998***

June 1993-                    Cemanahuac Educational Community, Cuernavaca, Mexico  
August 1993                    Intensive Spanish Language Program

1991-1993                    Pepperdine University  
Master of Arts in Psychology

1985-1989                    University of California, Berkeley  
Bachelor of Arts in Psychology

## **Certificates Awarded:**

May 2011                    State of California - Qualified Medical Evaluator

## **Clinical Experience:**

April 2000-                    **Private Practice**  
Present                        *Psychological Assessment Services, Newhall and West Los Angeles, California*  
Neuropsychological and psychoducational assessment with children and adults.  
Qualified Medical Evaluations for individuals with Workers' Compensation claims.  
Psychotherapy

September 2012-            **Psychologist, Qualified Medical Examiner**  
June 2015                    *Comprehensive Psychological Services, Van Nuys, CA*  
Comprehensive medical-legal psychological evaluations including interview,  
psychodiagnostic assessment and report writing. Psychotherapy with injured workers.

November 2008-            **Psychologist, Qualified Medical Examiner**  
September 2012            *CalPsychFMT, Encino, CA*  
Comprehensive medical-legal psychological evaluations including interview,  
psychodiagnostic assessment and report writing. Psychotherapy with injured workers.

January 2011-              **Evaluator, PASRR program**  
April 2013                    *QTC/Lockheed Martin, Diamond Bar, CA*  
Performed cognitive evaluations on geriatric patients who were  
being admitted to Medicaid nursing facilities.

July 2003-  
July 2005

**Consulting Psychologist**

*Bright Pharmaceutical Services, Van Nuys, CA*

Consulted on issues of DSM-IV diagnosis and provided consultation and training for evaluators on standardized psychiatric rating scales.

September 2000-  
July 2002

**Consulting Psychologist**

*North Los Angeles County Regional Center, North Hills, CA*

Neuropsychological assessment of children and adults to help determine eligibility for Regional Center services. Clientele included those with developmental disabilities and autism.

July 2000-  
January 2004

**Consulting Psychologist**

*The Almansor Center, South Pasadena, CA*

Psychodiagnostic and psychoeducational assessment with severely emotionally disturbed, autistic, and learning disabled children. Supervision of school-based therapists.

June 1998-  
July 2000

**Post-Doctoral Fellow/ Pain Management Psychologist**

*California Institute for Behavioral Medicine/*

*Pain Care Centers of America, Van Nuys, CA*

Pain management counseling in a multidisciplinary comprehensive pain management program. Duties include biofeedback training, psychodiagnostic assessment, psychological evaluations for implantable devices, and psychoeducational group counseling (stress management, anger management).

September 1997-  
May 1998

**Psychology Intern**

*Metropolitan State Hospital, Norwalk CA*

Inpatient group and individual psychotherapy with chronically mentally ill men, women and children on locked units and in a biopsychosocial rehabilitation day treatment program. Duties included treatment planning with an interdisciplinary team, psychodiagnostic assessments and forensic evaluations.

August 1996-  
July 1997

**Psychology Intern**

*Santa Clarita Child and Family Development Center, Santa Clarita, CA*

Outpatient individual, group and family psychotherapy with children and adolescents. Therapy conducted using psychodynamic, behavioral, and psychoeducational modes of intervention. Duties included psychodiagnostic assessment and case management.

July 1995-  
August 1996

**Practicum Student**

*California Hospital Medical Center*

*Family Practice Residency Program, Los Angeles, CA*

Inpatient and outpatient psychotherapy with children, adolescents, adults, and the elderly in a community mental health clinic and a hospital. Duties included psychodiagnostic assessment, case management, consultation-liaison, training medical residents in psychosocial issues, and crisis intervention in the Emergency Room.

- September 1993-  
August 1994      **Consumer Resource Coordinator**  
*North Hills Regional Center, North Hills, CA*  
Case management for the developmentally disabled. Duties included management of a caseload of at least 25 individuals, attending IEP and group home meetings, and reviewing programs receiving Regional Center funds.
- February 1992-  
June 1997      **Clinical Research Coordinator**  
*California Clinical Trials, Beverly Hills, CA*  
Coordinated clinical trials with psychotropic medication.  
Coordinated as many as five studies at one time with a staff of ten.
- June 1990-  
January 1997      **Clinical Research Associate**  
*California Clinical Trials, Beverly Hills, CA*  
Conducted clinical trials with psychotropic medication for psychiatric disorders in adults and children including Generalized Anxiety Disorder, Major Depressive Disorder, Schizophrenia and Obsessive-Compulsive Disorder. Duties included monitoring of trial progress and administration of standardized rating scales (HAM-A, HAM-D, BPRS, SCID, CGI, PANSS, Beck Depression Inventory, MADRS, Barnes Akathisia Scale, AIMS, Mini Mental State Exam).
- January 1988-  
June 1988      **Alcohol Rehabilitation Counselor**  
*ACCEPT, London, England*  
Conducted psychoeducational and support counseling in an outpatient alcohol rehabilitation center.
- May 1986-  
September 1986      **Intake Coordinator**  
*Do It Now Foundation, Hollywood, CA*  
Conducted initial intake and interview in an outpatient chemical dependency clinic. Co-facilitated diversion groups. Other duties included HIV outreach for homeless youth.
- Research Experience:**
- January 1996-  
December 1999      **Program Evaluator**  
*Center for the Partially Sighted, Santa Monica, CA*  
Conducted a formative evaluation and ongoing development of a psychoeducational group for diabetes and vision loss. Performed multivariate statistical analyses using SPSS.
- January 1997-  
May 1998      **Research Assistant**  
*Doheny Eye Institute, Los Angeles, CA*  
Conducted focus groups for diabetics with vision loss and health care practitioners. Research focused on the psychosocial factors that affect individuals with diabetes and vision loss.
- August 1988-  
December 1990      **Research Assistant**  
*Psychophysiology Laboratory, U.C. Berkeley*  
Assisted in a research project studying physiological changes in couples experiencing marital conflict.
- August 1988-  
December 1990      **Research Assistant**  
*San Francisco General Hospital, San Francisco, CA*

Assisted in a research project focusing on identifying depression in individuals seeking medical treatment at an inner-city hospital.

### **Teaching Experience:**

August 1995-  
June 1996

#### **Teaching Assistant Psychodiagnostic Assessment**

*California School of Professional Psychology, L.A.*

Taught laboratory section of psychodiagnostic assessment class to first year doctoral students. Tests taught included MMPI-2, Bender-Gestalt, WAIS-R, WISC-III, WIAT and projective tests including the Rorschach (Exner system).

August 2000-  
August 2001

#### **Doctoring Program**

*UCLA School of Medicine, Los Angeles, CA*

Taught second year medical students interviewing skills and sensitivity to the psychosocial issues of medical patients.

### **Publications:**

Trozzolino, L., Thompson, P.S., Tansman, M.S. & Azen, S.P. (2003). Effects of a Psycheducational Group on Mood and Glycemic Control in Adults with Diabetes and Visual Impairment. Journal of Visual Impairment and Blindness, 97 (4), 230-235.

Feifer, C., & Tansman, M. (1999). Promoting psychology in diabetes primary care. Professional Psychology: Research and Practice, 30 (1), 14-21.

Van Boemel, G.B., Lee, P.P., & Tansman, M. (1998). When family support isn't: dynamics in households of low vision diabetics. Investigations in Ophthalmologic Vision Science, 39 (suppl).

Sramek, J.J., Tansman, M., Suri, A, Hornig-Rohan, M., Amsterdam, J.D., Stahl, S.M., Weisler, R.H., & Cutler, N.R. (1996). Efficacy of Buspirone in Generalized Anxiety Disorder with coexisting mild depressive symptoms. Journal of Clinical Psychiatry, 57 (7), 287-291.

### **Presentations:**

Tansman, M.S., & Feifer, C. (1998, August). A Psychomedical Approach to Diabetes Treatment in Primary Care. Poster session presented at the 24<sup>th</sup> International Congress of Applied Psychology, San Francisco, CA.