



Medical-Legal Continuing Education for Attorneys and Claims Professionals

Phone 888 455-1600 Website www.garlandpr.com

Garland & Associates is a State Bar of California approved MCLE Provider

ORTHOPAEDIC LECTURES

Gary Brazina, MD

Deposing the Orthopedic AME/QME 1 MCLE credit hour

Learn the basics of an orthopedic medical legal report and how an attorney should review the report to prepare for an Orthopedic doctor deposition.

What's New in Knee Surgery 1 MCLE credit hour

Discussion is focused on arthroscopic procedures for the knee and understanding the appropriate treatment for knee injuries

Orthopedic Physical Examination 1 MCLE credit hour

This course will focus on the physical examination process that a patient goes through during an orthopedic exam. The doctor will define the orthopedic terms of art to explain what each test means and will demonstrate the purpose of each test in the physical examination process and what it means in a medical legal report.

Compartment Syndrome 1 MCLE credit hour

This informative talk will focus on a syndrome that can be found in cases where a patient has experienced major trauma. The cause of this syndrome and its effects on a patient is outlined with a complete detailed explanation of the reasons to authorize immediate emergency surgical treatment.

The Latest & Greatest in Orthopedics Today & What is in Store for the Future??? 1 MCLE credit hour

Healthcare changes dramatically because of technological developments, find out how future technological innovation is going to keep transforming orthopedic medicine. Stem cell and PRP therapies will be discussed as well as new treatment modalities.

Hamid Mir, MD, QME

Improving Outcomes of Spine Surgery 1 MCLE credit hour

Learn the latest treatment and surgical techniques used by spine surgeons to optimize a patient's recovery outcomes to minimize unnecessary surgeries and to focus the patient on return to function.

Osep Armagan, MD

Orthopedic Medical Legal Issues 1 MCLE credit hour

This lecture will present important information regarding the medical legal evaluation of orthopedic injuries beginning with the initial evaluation and the importance of assessing the nature and extent of the injury and any resulting impairment based on the requirement of formulating a medical opinion using medical evidence from appropriate diagnostic testing, and proper thorough review of past medical history to provide substantial medical evidence.



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PULMONARY DISEASES, SLEEP MEDICINE AND INTERNAL MEDICINE LECTURES

Eli Hendel, MD, QME

Understanding the Diagnosis of Sleep Apnea 1 MCLE credit hour

Understanding a sleep claim from the point of view of a Pulmonary specialist. Gain an understanding of the objective medical evidence that is available and when it is necessary for use as a diagnostic tool.

Asthma 1 MCLE credit hour

Focus is on claims alleging exposure to solvents, dust, molds, chemicals, etc., causing asthma. Appropriate diagnostic testing, and sources for scientific based evidence that is peer reviewed and acceptable by the medical community is outlined.

MRSA 1 MCLE credit hour

This lecture will explain the cause of MRSA and whether permanent disability might occur, and if so, what kind of ratings to expect. The goal is for the listener to gain a better understanding of the objective medical evidence that is necessary to reach a diagnosis. Treatment plans for this medical disease will be discussed.

Valley Fever 1 MCLE credit hour

Learn the cause of this disease/syndrome and how it is effectively treated. Discussion of additional medical conditions exposure to this fungus can cause and the long-term consequences for some people.

Understanding Consequences of Brain injury from a Non-Neurologist Point of View 1 MCLE credit hour

The participant will learn how injury affects the endocrine system and the resulting hormonal changes and causation of diabetes. Other internal effects of vestibular disorders and sleep and arousal disorders will be discussed and whether there is potential impairment to the whole-body systems. Discussion will also cover signs and symptoms which will lead a brain injured patient to be referred to a residential center.

The Toxicology Lab Report: Purpose and Guide to Interpretation 1 MCLE credit hour

The purpose of the toxicology lab report will be to define the types of drug screens available, their uses, explanation of the test results including false positives, and to outline the different drugs that are checked in the toxicology screen. The discussion will also establish the difference between the qualitative and quantitative analyses of a drug screen.

Sleep Tests: Indication and Interpretation 1 MCLE credit hour

The attendee will learn the purpose and use of different types of diagnostic testing to prove a sleep disorder. An overview of the types of sleep disorders will be reviewed and will be followed by examples of testing that is appropriate for use in medical legal evaluations as well as treatment cases.

Importance of Screening Commercial Licensed Drivers for Sleep Disorders 1 MCLE credit hour

Sleep disorders account for a large portion of truck accidents which are different than auto accidents in that result in more fatalities. The physical exam to obtain and renew a commercial driver's license is rigorous involving 13 areas including blood pressure, diabetes, visual, hearing and many others but it does not include screening for sleep apnea. A task force recently provided the department of transportation much evidence for the need to address this problem. It was started during the Obama administration and it was eliminated with the current one. Learn the details and the science behind it.

Opioid Crisis and CURES 1 MCLE credit hour

Opioid addiction is a crisis and the State of California has developed the CURES program to require all licensed physicians to be registered and all controlled substances to be listed onto a registry. Every provider will develop a profile. Guidelines have been established for the following: Differentiate acute, subacute and chronic pain; Make attempts to avoid the acute pain sufferer who has an acute injury from progressing to chronic pain where the injury has healed; Understand the difference between long acting and short acting medications and adopting "opioid sparing alternatives" such as neuropathic medications; Adopting a different philosophy that it is unrealistic to expect a complete pain free state. Change the goal from relieving complete pain to improving functional status through management of pain.



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CARDIOVASCULAR AND INTERNAL MEDICINE LECTURES

Robert B. Weber, MD, QME

Cardiovascular Disease and Metabolic Syndrome 1 MCLE credit hour

Review of the anatomy of the heart, and how it functions. Discussion of the most common cardiac diseases and injury claims. Learn the signs and symptoms of Metabolic Syndrome and how it impacts a patient's medical condition. Treatment recommendations for Metabolic Syndrome will also be discussed.

OPHTHALMOLOGY LECTURES

David Sami, MD

Ophthalmic Assessments for Injured Workers 1 MCLE credit hour

Discussion of Ophthalmic injuries and how to assess loss of vision through examples of calculating the Functional Acuity Score and Functional Field Score. An overview of the anatomy will also be discussed to demonstrate how vision loss can result in an impairment rating. Also, discussed will be color vision, sensitivity testing and rating for double vision.

The Ophthalmology of Traumatic Brain Injuries 1 MCLE credit hour

The ophthalmic manifestations of traumatic brain injury will be discussed with an overview of the type of appropriate testing that should be done. Impairment from an ophthalmic perspective will also be discussed with the use of current accepted methodology. This lecture will provide a foundation to understand how traumatic brain injuries affect visual function and how to rate the handicap for medical legal claims.

OTOLARYNGOLOGY LECTURES

Alfred Roven, MD, QME

Hearing Loss and Audiology in Workers' Compensation 1 MCLE credit hour

Gain an understanding of the inner ear structure and how hearing loss can occur. Audiology testing is explained to provide a better understanding of how test results are used as objective evidence and foundation to dispute or prove of a claim of hearing loss.

Understanding TMJ Syndrome 1 MCLE credit hour

The anatomy of the jaw area is presented in a format that is easily understood to gain a better understanding of the diagnosis of TMJ syndrome and the basis for treatment. Rating TMJ impairment for a medical legal report is also discussed.



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NEUROPSYCHOLOGY LECTURES

Nicholas Thaler, PhD, ABPP-CN

Neuropsychological Assessment of Brain Injury in Medical-Legal Cases

1 MCLE credit hour

The teaching objectives for this presentation include: 1. Understand the methods and science behind neuropsychological assessment. 2. Learn about traumatic brain injury and its long-term sequelae. 3. Examine how neuropsychological assessment can assist in diagnosing and treating brain injury. 4. Tie neuropsychological assessments with issues of impairment and disability in workers' compensation cases.

Neuropsychological Evaluation of Somatic and Somatoform Disorders

1 MCLE credit hour

Somatization refers to the expression of psychological problems through physical/cognitive symptoms. This talk provides a comprehensive overview for assessing patients with somatoform conditions, which often arise in patients with post-concussion syndrome, toxic exposure, chronic pain syndrome, and other conditions that often arise in a medical-legal setting. A special emphasis on the use of the MMPI in differentiating somatoform disorder from other forms of psychopathology as well as malingering will be reviewed. Teaching Goals: 1. Provide an in-depth review of somatoform disorder and other functional somatic conditions; 2. Discuss how neuropsychologists and other practitioners can assess and diagnose these conditions; 3. Understand the impact of a somatoform condition within a medical-legal context; 4. Review the role of the MMPI-2 and the MMPI-2 RF in evaluating somatoform conditions with an emphasis on distinguishing such conditions from malingering.

PTSD

1 MCLE credit hour

The teaching objectives of this presentation include the following: To review the standard methods of assessing and treating PTSD and its variants, including chronic PTSD; To understand both the short and long-term implications of PTSD within the work environment; To discuss when and how PTSD can qualify one for disability, workers' compensation awards and civil damages.

PSYCHOLOGY AND NEUROPSYCHOLOGY LECTURES

Mark Levine, PhD, QME

Psych Report Workshop: Dissecting & Evaluating Psych Reports and their Evidence Conclusions

1 MCLE credit hour

A medical legal report will be reviewed section by section to provide insight and instruction on the importance and meaning of each analytical tool used by a psych professional. Evidentiary conclusions will be discussed to define the basis of substantial medical evidence.

Subtle Consequences of Head Injury that are only Noticeable from Psychological Testing

1 MCLE credit hour

This presentation describes how a class of patients who present superficially as functionally capable of continuing their job and or social interaction, and who appear to others as articulate, well, and able to comprehend, can possess deficits that will ultimately undermine their effectiveness at work and in activities of daily living. These issues include self-awareness, subjective judgment, sustained attention, planning and organizational skills, as well as subtle memory problems. These problems directly affect true levels of ratable disability. This talk will demonstrate how specialized testing can detect these subtle and hidden deficits, and document them in a verifiable manner.



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PSYCHOLOGY AND NEUROPSYCHOLOGY LECTURES

Yassi Zarrin, PsyD, QME

Neuropsychological Assessment 1 MCLE credit hour

The attendee will learn: The difference between neuropsychology and psychology; When to use neuropsychological testing; What a neuropsychological evaluation entails (clinical interview and battery of testing); Objective test measures vs. subjective test measures. And, how these tests help to determine a patient's credibility.

Workplace Violence 1 MCLE Credit hour

Learn the warning signs and issues to acknowledge for angry employees. Discussion of workplace violence in the work environment. Learn about policies that can be utilized to minimize the dangers.

Stress and Harassment Claims 1 MCLE credit hour

This lecture will discuss and analyze personnel issues to determine what is lawful, good faith non-discriminatory personnel actions and how the medical legal evaluator when the defense of "good faith personnel actions" is appropriate to use in a case.

Mara Tansman, PsyD, QME

Before Opiates: Treating Chronic Pain with Alternative Therapies 1 MCLE credit hour

The goals of this presentation is to understand the alternative therapies that exist prior to the initiation of opiate treatment for chronic pain. In addition, discussion will focus on how to understand the emotional and social impact of opiate addiction. Attendees will also learn about the various alternative therapies to opiate use to treat chronic pain.

Deposing the Psych Expert 1 MCLE credit hour

Techniques and methods are presented for deposing a Psych Expert who has prepared a medical legal report. Key concepts are reviewed including credibility issues, nature and extent of the diagnosis and the supporting evidence.

Stress and Harassment Claims and the Good Faith Personnel Defense 1 MCLE credit hour

This lecture will discuss and analyze personnel issues to determine what is lawful, good faith non-discriminatory personnel actions and how the medical legal evaluator decides when the defense of "good faith personnel actions" is appropriate to use in a case.