



Garland & Associates
MEDICAL LEGAL PUBLIC RELATIONS & MARKETING

Medical-Legal Continuing Education for Attorneys and Claims Professionals

Phone 888 455-1600 Website www.garlandpr.com

Garland & Associates is a State Bar of California approved MCLE Provider

ORTHOPAEDIC LECTURES

Gary Brazina, MD, FACS – Diplomate American Board of Orthopedic Surgery

Deposing the Orthopedic Expert 1 MCLE credit hour

Learn the basics of an orthopedic medical legal report and how an attorney should review the report to prepare for a deposition of the AME/QME.

AMA 5th Edition and the Shoulder 1 MCLE credit hour

Learn how to rate shoulder injuries using the AMA Guides. Gain a better understanding of symptoms and appropriate treatment of the shoulder.

What's New in Knee Surgery & How it Relates to the AMA 5th Edition Guidelines 1 MCLE credit hour

Discussion is focused on arthroscopic procedures for the knee and understanding the appropriate treatment for knee injuries. Impairment rating issues are also discussed using the AMA Guides.

Orthopedic Physical Examination 1 MCLE credit hour

This course will focus on the physical examination process that a patient goes through during an orthopedic exam. The doctor will define the orthopedic terms of art to explain what each test means and will demonstrate the purpose of each test in the physical examination process and what it means in a medical legal report.

Compartment Syndrome 1 MCLE credit hour

This informative talk will focus on a syndrome that can be found in cases where a patient has experienced major trauma. The cause of this syndrome and its effects on a patient is outlined with a complete detailed explanation of the reasons to authorize immediate emergency surgical treatment.

The Latest & Greatest in Orthopedics Today & What is in Store for the Future 1 MCLE credit hour

Healthcare changes dramatically because of technological developments, find out how future technological innovation is going to keep transforming orthopedic medicine. Stem cell and PRP therapies will be discussed as well as new treatment modalities.

Real v. Legal Medicine 1 MCLE credit hour

Discussion will focus on the following medical legal issues: Causation of Injury and How it differs from Causation of Impairment; Legal Principles a doctor must follow to establish a credible work-related injury: Distinguishing Specific Injury vs. a CT Injury; How to approach and create an effective treatment plan for an injured worker.

Orthopedic Applications for PRP & Stem Cells

Stem cells are currently being used for regenerative therapy for joint diseases and injuries. Learn about the types of stem cells, their functional capabilities, and how they are used in medical practice today. Learn how surgeons transfer tissue from a stem cell rich part of the body to a damaged or injured joint to promote healing. Discussion will also focus on the effectiveness of this advanced treatment approach.

Understanding Orthopedic Testing

Learn the types of testing an orthopedist must do to achieve an accurate diagnosis based on medical evidence. An overview of the physical examination process will be covered, as well as the measurements required, provocative testing, and the need to do double checks and balances. Diagnostic testing will also be reviewed, including x-rays, CT scans, MRI's, electro diagnostics and invasive testing.

Hamid Mir, MD, QME – Diplomate American Board of Orthopedic Surgery

Improving Outcomes of Spine Surgery 1 MCLE credit hour

Learn the latest treatment and surgical techniques used by spine surgeons to optimize a patient's recovery outcomes to minimize unnecessary surgeries and to focus the patient on return to function.



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PULMONARY DISEASES, SLEEP MEDICINE AND INTERNAL MEDICINE LECTURES

Eli Hendel, MD, QME

Diplomate American Board of Pulmonary Diseases

Diplomate American Board of Sleep Medicine

Diplomate American Board of Internal Medicine

PULMONARY TOPICS

Eli Hendel, MD, QME - Diplomate American Board of Pulmonary Diseases

The Use of Cardiopulmonary Exercise Testing to Determine Disability in Workers' Compensation 1 MCLE credit hour

This lecture outlines how to use Cardiopulmonary Exercise Testing as substantial medical evidence in determining disability.

Occupational Asthma 1 MCLE credit hour

Focus is on claims alleging exposure to solvents, dust, molds, chemicals, etc., causing asthma. Appropriate diagnostic testing, and sources for scientific based evidence that is peer reviewed and acceptable by the medical community is outlined.

Valley Fever 1 MCLE credit hour

Learn the cause of this disease/syndrome and how it is effectively treated. Also included, will be a discussion of the AMA Guides 5th Ed., and rating for any residual impairment that may occur.

What are Ventilators and When are they Required for Patient Care 1 MCLE credit hour

Some patients with breathing issues require hospitalization and treatment. Learn the function and use of a ventilator. How it is used and why. Also reviewed is the pulmonary anatomy and the appropriate diagnosis for the correct use of a ventilator. It is hoped that there will be an understanding of the complexities of the ventilator and why they cannot be mass produced or replaced by machines that just deliver air.

SLEEP MEDICINE TOPICS

Eli Hendel, MD, QME - Diplomate American Board of Sleep Medicine

Understanding the Diagnosis of Sleep Apnea 1 MCLE credit hour

Understanding a sleep claim from the point of view of a Pulmonary specialist. Gain an understanding of the objective medical evidence that is available and when it is necessary for use as a diagnostic tool.

Sleep Tests: Indication and Interpretation 1 MCLE credit hour

The attendee will learn the purpose and use of different types of diagnostic testing to prove a sleep disorder. An overview of the types of sleep disorders will be reviewed and will be followed by examples of testing that is appropriate for use in medical legal evaluations as well as treatment cases.

Importance of Screening Commercial Licensed Drivers for Sleep Disorders 1 MCLE credit hour

Sleep disorders account for a large portion of truck accidents which are different than auto accidents in that result in more fatalities. The physical exam to obtain and renew a commercial driver's license is rigorous involving 13 areas including blood pressure, diabetes, visual, hearing and many others but it does not include screening for sleep apnea. A task force recently provided the department of transportation much evidence for the need to address this problem. It was started during the Obama administration and it was eliminated with the current one. Learn the details and the science behind it.



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INTERNAL MEDICINE

Eli Hendel, MD - Diplomate American Board of Internal Medicine

Understanding Consequences of Brain injury from a Non-Neurologist Point of View 1 MCLE credit hour

The participant will learn how injury affects the endocrine system and the resulting hormonal changes and causation of diabetes. Other internal effects of vestibular disorders and sleep and arousal disorders will be discussed and the relevant appropriate whole person rating from the AMA Guides 5th edition will also be covered. Discussion will also cover signs and symptoms which will lead a brain injured patient to be referred to a residential center.

The Toxicology Lab Report: Purpose and Guide to Interpretation 1 MCLE credit hour

The purpose of the toxicology lab report will be to define the types of drug screens available, their uses, explanation of the test results including false positives, and to outline the different drugs that are checked in the toxicology screen. The discussion will also establish the difference between the qualitative and quantitative analyses of a drug screen.

Opioid Crisis and CURES 1 MCLE credit hour

Opioid addiction is a crisis and the State of California has developed the CURES program to require all licensed physicians to be registered and all controlled substances to be listed onto a registry. Every provider will develop a profile. Guidelines have been established for the following: Differentiate acute, subacute and chronic pain; Make attempts to avoid the acute pain sufferer who has an acute injury from progressing to chronic pain where the injury has healed; Understand the difference between long acting and short acting medications and adopting "opioid sparing alternatives" such as neuropathic medications; Adopting a different philosophy that it is unrealistic to expect a complete pain free state. Change the goal from relieving complete pain to improving functional status through management of pain.

MRSA 1 MCLE credit hour

This lecture will explain the cause of MRSA and whether permanent disability might occur, and if so, what kind of ratings to expect. The goal is for the listener to gain a better understanding of the objective medical evidence that is necessary to reach a diagnosis. Treatment plans for this medical disease will be discussed. MRSA is a presumption for fire and police.

GASTROENTEROLOGY

Mark M. Davidson, MD, QME

Diplomate American Board of Gastroenterology

Diplomate American Board of Internal Medicine

Introduction to Gastroenterology 1 MCLE credit hour

This presentation will focus on the causes of gastric complaints and the reasons why a GI consult is necessary to provide substantial medical evidence to substantiate a claim of gastric injury and impairment. The discussion will include a review of the diagnostic tests required to provide an accurate diagnosis and basis for any potential impairment.

CARDIOVASCULAR AND INTERNAL MEDICINE LECTURES

Robert B. Weber, MD, FACC, QME –

Diplomate American Board of Internal Medicine with Subspecialty in Cardiology

Diplomate American Board of Internal Medicine

Cardiovascular Disease and Metabolic Syndrome 1 MCLE credit hour

Review of the anatomy of the heart, and how it functions. Discussion of the most common cardiac claims in workers' compensation and the AMA Guides 5th Ed. impairment tables for rating cardiovascular disease. Learn the signs and symptoms of Metabolic Syndrome and how it might apply in a Workers' Compensation case. Treatment recommendations for Metabolic Syndrome will also be discussed.



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INTERNAL MEDICINE

Stanley J. Majcher, MD, QME – Diplomate American Board of Internal Medicine

Valley Fever 1 MCLE credit hour

Dr. Majcher will discuss Valley Fever in regard to causation with emphasis on a determination as to whether Valley Fever is attributable to industrial exposure or nonindustrial exposure or whether the issue cannot be resolved. Dr. Majcher will also discuss complications related to Valley Fever as well as the medical-legal aspects involving not only causation, extent of any disability issues, disability per the AMA guidelines, issues of apportionment, and the need if any for medical treatment on an industrial or nonindustrial basis. At the end of the lecture there will be adequate time for the interested parties to ask any questions.

Toxicology in Workers' Compensation 1 MCLE credit hour

The learning objectives for this presentation includes a discussion of the disease process, the medical legal factors to substantiate industrial and nonindustrial causation. Also included will be resolution of TTD, permanent disability apportionment and medical treatment.

Gastroenterology

Discussion will include causation of gastric issues and whether nonindustrial, industrial or a combination. Determination of reasonable periods of TTD or TPD, and Permanent Disability issues per AMA 5th ed. Guides. Medical legal issues from case law including Kite, Hikida, Benson, etc will be discussed. Appropriate medical treatment will also be covered.

OPHTHALMOLOGY LECTURES

David Sami, MD – Diplomate American Board of Ophthalmology

Ophthalmic Assessments for Injured Workers 1 MCLE credit hour

This lecture will focus on the strengths and failures in methodology of the AMA Guide 5th Edition. For Ophthalmic related disability. Examples of calculating the Functional Acuity Score and Functional Field Score will be demonstrated and how it relates to creating and defining the impairment rating. Also, discussed will be color vision, sensitivity testing and rating for double vision.

The Ophthalmology of Traumatic Brain Injuries 1 MCLE credit hour

The ophthalmic manifestations of traumatic brain injury will be discussed with an overview of the type of appropriate testing that should be done. Whole person impairment from an ophthalmic perspective will also be discussed with the use of the methodology of the AMA Guides 5th edition. This lecture will provide a foundation to understand how traumatic brain injuries affect visual function and how to rate the handicap with the appropriate AMA Guide 5th edition tables.

PSYCHIATRY LECTURES

Howard Greils, MD

Challenges of AME v. Panel QME in a Psych Case: How to analyze a Psych Report and How to Determine Red Flags in Psychopharmacology 1 MCLE credit hour

The necessary and important components to look for in a medical legal psychiatric or psychological report will be reviewed section by section to provide insight and instruction on how to assess whether a report contains substantial medical evidence for litigated cases. An actual report will be analyzed to give practical information about areas of weakness to look for. Diagnostic categories will be covered with explanation of those most common in medical legal cases. Also discussed will be red flags in psychopharmacology.



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PSYCHIATRY LECTURES

Brian Jacks, MD, QME – Diplomate American Board of Psychiatry and Neurology

Deposing the Psych Expert 1 MCLE credit hour

Techniques and methods for deposing a Psych Expert who has prepared a medical legal or permanent and stationary report for a Workers' Compensation case. Key concepts that will be reviewed include credibility issues, nature and extent of the diagnosis and supporting substantial medical evidence, accuracy of temporary disability dates as they pertain to psych injuries, analysis of AOE/COE issues, GAF score and supporting evidence, apportionment and causation of impairment.

GAF Scale and Apportionment 1 MCLE credit hour

The topic of this lecture is an explanation of the GAF Scale and how a mental health specialist applies it in the disability evaluation setting. A discussion of the Escobedo case ruling on apportionment is also covered and how it applies to psych cases.

Lawful, Good Faith (ROLDA), Non-Discriminatory Personnel Issues and Malingering 1 MCLE credit hour

This talk will focus on how to analyze personnel issues to determine what is lawful, good faith non-discriminatory personnel actions. Malingering will be discussed to better understand the medical and the legal definitions.

Chronic Pain Disorders and Psych Cases Post SB 863 1 MCLE credit hour

Discussion focuses on the psychiatric perspective of chronic pain including fibromyalgia, and other pain diagnoses. AMA Guide rating is discussed to provide an understanding of how to rate impairment. Also covered will be how SB 863 affects the filing of psych cases.

Psych Updates:

Current Law and Basics of Rating and Apportionment and How to Assess a Psych Report 1 MCLE credit hour

Overview of current law and reporting requirements for psychiatric reports for workers' compensation claims. The attendee will learn how to evaluate and assess a psych report to determine compliance with causation, the GAF Scale impairment rating, substantial medical evidence, and apportionment discussion.

Apportionment of Permanent Psychiatric Disability 1 MCLE credit hour

Review of the case law and Labor Codes sections on the requirement to apportion when applicable and how it applies to permanent impairment rating.

NEUROPSYCHOLOGY LECTURES

Nicholas Thaler, PhD, ABPP-CN – Board Certified in Clinical Neuropsychology

Neuropsychological Assessment of Brain Injury in Medical-Legal Cases 1 MCLE credit hour

The teaching objectives for this presentation include: 1. Understand the methods and science behind neuropsychological assessment. 2. Learn about traumatic brain injury and its long-term sequelae. 3. Examine how neuropsychological assessment can assist in diagnosing and treating brain injury. 4. Tie neuropsychological assessments with issues of impairment and disability in workers' compensation cases.

Neuropsychology of PTSD 1 MCLE credit hour

The teaching objectives of this presentation include the following: To review the standard methods of assessing and treating PTSD and its variants, including chronic PTSD; To understand both the short and long-term implications of PTSD within the work environment; To discuss when and how PTSD can qualify one for disability, workers' compensation awards and civil damages.

PREPARING FOR A NEUROPSYCHOLOGIST DEPOSITION:

How to Assess and Unpack the Diagnosis of TRAUMATIC BRAIN INJURY

The teaching objectives for this presentation include: 1. Understand the methods and science behind neuropsychological assessment. 2. Learn about traumatic brain injury and its long-term sequelae. 3. Review common issues that emerge in medical-legal TBI cases with a neuropsychology expert. 4. Discuss ways to address these issues while cross-examining the expert in deposition and/or trial.



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PSYCHOLOGY AND NEUROPSYCHOLOGY LECTURES

Nicholas Thaler, PhD, ABPP-CN – Board Certified in Clinical Neuropsychology

Neuropsychological Evaluation of Somatic and Somatoform Disorders 1 MCLE credit hour

Somatization refers to the expression of psychological problems through physical/cognitive symptoms. This talk provides a comprehensive overview for assessing patients with somatoform conditions, which often arise in patients with post-concussion syndrome, toxic exposure, chronic pain syndrome, and other conditions that often arise in a medical-legal setting. A special emphasis on the use of the MMPI in differentiating somatoform disorder from other forms of psychopathology as well as malingering will be reviewed. Teaching Goals: 1. Provide an in-depth review of somatoform disorder and other functional somatic conditions; 2. Discuss how neuropsychologists and other practitioners can assess and diagnose these conditions; 3. Understand the impact of a somatoform condition within a medical-legal context; 4. Review the role of the MMPI-2 and the MMPI-2 RF in evaluating somatoform conditions with an emphasis on distinguishing such conditions from malingering.

PSYCHOLOGY AND NEUROPSYCHOLOGY LECTURES

Yassi Zarrin, PsyD, QME

Neuropsychological Assessment 1 MCLE credit hour

The attendee will learn: The difference between neuropsychology and psychology; When to use neuropsychological testing; What a neuropsychological evaluation entails (clinical interview and battery of testing); Objective test measures vs. subjective test measures; The use of chapter 13 in the AMA guides for rating purposes on a neuropsychological evaluation.

The Use of Neuropsychological Testing to Determine Credibility 1 MCLE credit hour

The attendee will learn: Objective test measures vs. subjective test measures; Malingering; Effort and motivation.

Workplace Violence 1 MCLE Credit hour

Learn the warning signs and issues to acknowledge for angry employees. Discussion of workplace violence in the work environment. Learn about policies that can be utilized to minimize the dangers.

Stress and Harassment Claims and the Good Faith Personnel Defense 1 MCLE credit hour

This lecture will discuss and analyze personnel issues to determine what is lawful, good faith non-discriminatory personnel actions and how the medical legal evaluator and trier of fact uses the Rolda case to decide if and when the defense of "good faith personnel actions" is appropriate to use in a case.

Sexual Harassment



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PSYCHOLOGY LECTURES

Mara Tansman, PsyD, QME

Understanding the GAF in Medical Legal Reports 1 MCLE credit hour

This presentation addresses the specific approach to psychiatric impairment rating with the Global Assessment of Functioning Scale (GAF). The attendees will learn a detailed and practical approach to determining a GAF score. With that knowledge, they can determine whether the GAF score stated in a psych report is accurate. This presentation is critical to understanding how to rate the GAF scale for Workers' Compensation claims.

Before Opiates: 2017 Revised MTUS Chronic Pain Guidelines and Alternative Therapies 1 MCLE credit hour

The goals of this presentation is to understand the reasons why the MTUS (Medical Treatment Utilization Schedule) recommends alternative therapies prior to the initiation of opiate treatment for chronic pain. In addition, discussion will focus on how to understand the emotional and social impact of opiate addiction. Attendees will also learn about the various alternative therapies to opiate use to treat chronic pain.

Deposing the Psych Expert 1 MCLE credit hour

Techniques and methods are presented for deposing a Psych Expert who has prepared a Workers' Compensation report. Key concepts are reviewed including credibility issues, nature and extent of the diagnosis and the supporting evidence, accuracy of Temporary Disability dates as pertaining to psych injuries, analysis of AOE/COE issues, appropriate GAF score rating and whether substantial evidence has been offered for psych apportionment. Appropriate treatment guidelines are reviewed too.

Stress and Harassment Claims and the Good Faith Personnel Defense 1 MCLE credit hour

This lecture will discuss and analyze personnel issues to determine what is lawful, good faith non-discriminatory personnel actions and how the medical legal evaluator and trier of fact uses the Rolda case to decide if and when the defense of "good faith personnel actions" is appropriate to use in a case.