

# CIRRICULUM VITAE

## Gary Brazina, MD

### OFFICE LOCATIONS

#### West LA

Pacific Coast Sports Medicine  
11710 Wilshire Blvd.  
Los Angeles, CA 90025  
Phone: (310)821-2222  
Fax: (310)823-5871

#### Encino

16311 Ventura Boulevard Ste. 1280  
Encino, CA 91436  
Phone: 310 821 2222  
Fax: (310) 823-5871

#### Santa Barbara

Orthopedic & Spine Center  
401 Carrillo St.  
Santa Barbara, CA 93101

### BORN

Bethlehem, Pennsylvania, USA

### CITZENSHIP

United States of America

### EDUCATION

University of Pittsburgh 1965-1969  
Pittsburgh, Pennsylvania

- *Bachelor of Science (B. S.)*  
Major: Biology; English  
Minor: Chemistry

### MEDICAL SCHOOL

Temple University School of Medicine 1970-1974  
Philadelphia, Pennsylvania

- *M.D.*

### INTERNSHIP

Temple University School of Medicine 1974-1975  
Philadelphia, Pennsylvania

- *General Surgery*

### RESIDENCY

Jefferson University Hospital 1975-1979  
Philadelphia, Pennsylvania

- *Orthopaedic Surgery*

## LICENSES

Pennsylvania:	1975 - 1980
• #MD01645 E (Inactive)	
California:	1978 - present
• #G37830	
Colorado:	1994 - 2004
• #33236	

## HOSPITAL AFFILIATIONS

Marina Medical Center 4650 Lincoln Boulevard Marina del Rey, CA 90292	2005-2020
Wilshire Surgery Center 8641 Wilshire Boulevard, Ste. 201 Beverly Hills, CA 90211	2000- 2010
Aspen Valley Hospital - (Inactive) Aspen, Colorado	1996- 2000
Century City Hospital (Hospital Closed) Los Angeles, CA	1987- 2004
Cedars-Sinai Medical Center 301 San Vicente Boulevard Los Angeles, CA 90048	1980- 2015 Emeritus Status 2020
DISC Surgery Center 13160 Mindanao Way Marina del Rey CA 90292	2007-2020
Specialty Surgery Center 8670 Wilshire Blvd., Suite 300 Beverly Hills, 90211	2009-2020

## PROFESSIONAL CERTIFICATIONS & APPOINTMENTS

National Board of Medical Examiners <i>Diplomat</i>	1975
American Board of Orthopaedic Surgery <i>Diplomat</i>	1980
American College of Surgeons <i>Fellow</i>	1984

## **PROFESSIONAL CERTIFICATIONS & APPOINTMENTS *(continued)***

American Academy of Orthopaedic Surgery <i>Fellow</i>	1986
Arthroscopy Board of North America <i>Diplomat</i>	1989
Midas Rex Institute <i>Diplomat</i>	1990
Qualified Medical Examiner	1990- 2017
Independent Medical Examiner	1990-Present
QME Certification by Examination	1994; 2003-2018

## **HONORS & AWARDS**

Temple University School of Medicine <i>Honors Surgery Program</i>	1973
Temple University School of Medicine <i>Class President, Medical School</i>	1973
University of Pittsburgh Honorary Fraternity <i>Beta Beta Beta, National Biological</i>	1974-1975
Top Doctors of Southern California <i>LA Magazine</i>	2016; 2017; 2018, 2019, 2020, 2021
Top Doctors for Women <i>LA Magazine</i>	2016-2020
Super Doctors <i>LA Times</i>	2016, 2017, 2018, 2019, 2020, 2021

## **ACADEMIC & HOSPITAL APPOINTMENTS**

University of California, Irvine <i>Clinical Instructor in Orthopaedics</i> Veterans Administration Hospital Long Beach, CA	1979-1980
University of California, Los Angeles Los Angeles, CA <i>Clinical Instructor of Orthopaedics</i>	1980-1984

## ACADEMIC & HOSPITAL APPOINTMENTS *(continued)*

Century City Hospital 1989-1991  
Los Angeles, CA  
*Member, Education Committee*

Century City Hospital 1989-1995  
Los Angeles, CA  
*Member, Utilization Review Committee*

Westside Foot and Ankle Institute 1991-1999  
Westside Hospital  
Los Angeles, CA  
*Clinical Instructor of Surgery*

Century City Hospital 1991-1993  
Los Angeles, CA  
*Medical Executive Committee*

Century City Hospital 1991-1993  
Los Angeles, CA  
*Outpatient Services Chairman*

Century City Hospital 1991-1993  
Los Angeles, CA  
*Co-Director, Sports Medicine Center*

California Orthopaedic Association 2015-2018  
*Board of Directors*

## ORTHOPAEDIC SURGERY CONSULTANTSHIPS

National Football League Players 1986-present  
Association of Second Opinion  
*Orthopaedic Surgeon*

United States Olympic Committee 2010- present  
*Official Medical Service Provider USO*

Los Angeles Heat Football Team 2003-2015  
*Team Physician*  
NPSFL

Cirque du Soliel: "Kooza" 2009  
*Orthopaedic Consultant*

Cirque du Soliel "Ova" 2011  
*Orthopaedic Consultant*

## **ORTHOPAEDIC SURGERY CONSULTANTSHIPS (*continued*)**

<u>Los Angeles Blades</u> <i>Team Physician</i> Profession Roller Hockey Team Roller Hockey International League	1993-1995
Jeoffry Ballet <i>Orthopaedic Consultant</i>	1986-1991
Sports Club L. A.	1987-1994; 1986-1991
ABC Broadcasting <u>"The Home Show"</u> Medical Consultant	1989-1991
Prime Network <u>"Skiing America"</u> <i>Medical Consultant</i>	1989-1996
Southern California Cheetah Track Club <i>Orthopaedic Consultant</i>	1992
Board of Governors, Academy of Bodybuilders Body Building and Fitness Awards	1993
<u>Ms. Fitness Magazine</u> <i>Editorial Advisory Board</i>	1993
<u>Max Fitness Magazine</u> <i>Editorial Advisory Board</i> <i>Contributing Columnist</i>	2009

## **MEDICAL SOCIETIES**

Los Angeles County Medical Association	1986-1991
California Medical Society	1986-1991
Blue River Trauma Society	1986-2000
Far Western Medical Association	1982-1985
American Association of Orthopaedic Surgeons AAOS	1982 – 2020 Emeritus 2020 - present
California Orthopaedic Association	1982- Present
California Orthopaedic Association Board of Directors	2015-2018

## PEER REVIEWED PUBLICATIONS

<u>Jefferson Orthopaedic Society Journal</u> <i>Osteoblastoma, An Unusual Presentation and Literature Review</i>	1979
<u>Contemporary Orthopaedics</u> <i>Arthroscopy of the Hip Joint, A New Technique</i>	1982, 1986-1991
<u>Orthopaedic Review</u> <i>Arthroscopic Language</i>	1994, 1986-1991
<u>American Journal of Sports Medicine</u> Injury Distribution in Professional Roller Hockey, A New Sport	1996

## PUBLICATIONS

*The Knee Source Book by Marc Darrow*  
Forward by Dr. Gary Brazina

*Wear and Tear by Bob Arnot*  
Contributor

*Men's Fitness Magazine*  
Contributor

### Articles Written by Dr. Brazina for:

*Doctors Digest*  
*Web MD*  
*Redbook*  
*Elle*  
*AMA Med News*  
*Sports Illustrated*  
*Video Jug.net - Video Presentations*  
*Max Fitness*  
*Shape Magazine Et. al.*

## PRESENTATIONS

Western Orthopaedic Society	1979
“Shoulder Update” Southern California Medical Group Orthopaedic Symposium Los Angeles, CA	1986
“Anatomic Cadaver Instructional Course” Southern California Medical Group Orthopaedic Symposium Los Angeles, CA	1986

## **PRESENTATIONS (*continued*)**

<i>“Adolescent Medicine Seminar for Coaches and Parents”</i> Los Angeles, CA	1989
<i>“Shape Up for Skiing Seminar”</i> Century City Hospital Los Angeles, CA	1990-1996
<i>“Arthroscopic Management of Tibial Plateau Fracture”</i> Submitted to: Arthroscopy Association of North America Blue River Trauma Society Blue River, BC	1991
<i>“Marathon Runner’s Seminar”</i> Century City Hospital Los Angeles, CA	1992-1993
<i>“Coach’s and Trainer’s Seminar”</i> Century City Hospital Los Angeles, CA	1992-1993
<i>“Rotational Limitation After Forearm Fracture in Children”</i> A. I. Dupont Institute Fall Seminar Wilmington, Delaware	1992-1993
<i>“Modified Broström Procedure for Chronic Lateral Ankle Instability”</i> Blue River Trauma Society Blue River, B.C.	1993
<i>“Ankle Arthroscopy”</i> Podiatric Society of Los Angeles Los Angeles, CA	1994
<i>“Drugs in the Locker Room”</i> Blue River Trauma Society Blue River, B.C.	1994
<i>“Use of MRI in Sport Medicine”</i> College of Medicine & Surgery San Jose, Costa Rica	1996
<i>“ACL Awareness”</i> Century City Hospital Los Angeles, CA	1996
<i>“The Female Athlete”</i> Aspen, CO	1998

## **PRESENTATIONS *(continued)***

<i>"The Shoulder in Sports"</i> Trainer and Coaches Seminar DISC Los Angeles, CA	2004
<i>"Boomeritis and The Adult Athlete"</i> Centinela Freeman Medical Center Marina del Rey, CA	2004
<i>"What's New in Sports Medicine"</i> Northridge Hosp. Physician CME Course Northridge, CA	2008
<i>"What's New in Knee Surgery and the 5th Edition Guidelines"</i> Los Angeles, CA Hanna Brophy Academy Cont. Education Seminar Presentations to Claims Examiners C.E. Training, Los Angeles, CA	2008, 2009
<i>"Orthopaedics for the General Practitioner"</i> Sherman Oaks Hospital Physician CME Course Sherman Oaks, CA	2009
<i>"Evaluating the Plaintiff's Report"</i> State Farm Insurance Co. Pasadena, CA	2009
<i>"Understanding the AMA Guidelines &amp; Shoulder Injuries"</i> Hanna Brophy Academy Continuing Education Seminar Presentations for Claims Examiners C.E. Training Los Angeles, CA	2008-2009
<i>"Wilderness Medicine: How to Handle Back Country Emergencies"</i> Los Angeles County Volunteer Mounted Patrol Malibu, CA	2009
<i>"Understanding the Orthopaedic Physical Examination"</i> COSIPA of Northern CA. Workers Compensation Seminar Walnut Creek, CA	2010
<i>"Understanding the Orthopaedic Physical Examination"</i> COSIPA Workers Compensation Seminar of Southern CA Santa Ana, CA	2010
<i>"Understanding the AMA Guidelines &amp; Shoulder Injuries"</i> Workers Compensation Forum Continuing Education Seminar Riverside, CA	2010



## **PRESENTATIONS *(continued)***

<i>"Compartment Syndrome"</i> Sedgwick Claims Services Calabasas, CA	2010
<i>"Sports Medicine 2012"</i> Northridge Hospital Staff Education Course Northridge, CA	2012
<i>"The Knee in Workers Compensation"</i> Workers Compensation Forum Continuing Education Seminar Riverside, CA	2012
<i>"Work Comp Central Spring Rating Seminar"</i> Presenter and Panelist Discussion of Issues from SB863 & SB899 and use of AMA Guidelines Studio City, CA	5/2013
<i>"Rating Made Real"</i> Presenter and Panelist CAAA Costa Mesa, CA	12/2014
<i>"Avoiding the IMR Morass"</i> Presenter and Panelist CAAA 2015 Winter Convention San Diego, CA	1/2015
<i>"The Latest &amp; Greatest in Orthopedics Today"</i> CWC & Risk Conference Dana Point, CA	9/2019
<i>"Telemedicine and Workers Compensation Evaluations"</i> Presenter Council of Self Insured Public Agencies - COSIPA Concord, CA	6/2022
<b>Webinars for Workers Compensation</b>  Multiple Topics: <i>Understanding Orthopedic Testing</i> <i>How to Depose the Orthopedic Expert</i> <i>Rating Spine Based on AMA 5th ed. DRE &amp; Apportionment</i> <i>PRP, Stem Cells and Orthopedic Updates</i> <i>AME 5th ed. Rating and the Shoulder</i> <i>Updates on Knee Surgery and AMA 5th ed. Impairment Rating</i> <i>Orthopedic Physical Examinations</i> <i>Kite: Synergistic Rating</i>	2020 to present (multiple presentations)